



Class & Curriculum Information

According to the American Academy of Pediatrics, play is an essential part of a child's cognitive, physical, social and emotional development. Research has shown play can also help children gain experience in solving problems as well as cooperation with others.

Young One's Class

(Ms. Gail and Ms. Liz)

- This is a fairly new class we have opened for young Ones. A child is eligible for this class the day after their first birthday.
- This classroom introduces the very basics to our little ones. We learn to sit and eat our lunch at the table, sleep on a mat and begin to play with other children.
- We have stretch and grow daily. We use music and dance for a fun way to get children to

interact with us and each other.

- Throughout the week there are art activities that correspond with the weekly theme. The children are encouraged to be unique with their art creations, for art can inspire.
- We have outside time when weather permits.
- We have morning circle time and afternoon circle time. During this time we introduce songs, stories and nursery rhymes.
- Our children are being introduced to simple sign language. We also have Chapel time once a week, where we sing Bible songs and read a short Bible story in the classroom.
- This class gives us the opportunity to give one on one attention to these young ones.
- The Florida ratio for this class is 1:6. Here at St. Christopher's we try not have any more than ten children in the class and have three to four teachers.